

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

1 - 1ª SESSÃO

25-05-2013 - 9:30

Prova 15 Femin., 4 x 100m Estilos 14 anos e mais velhos
25-05-2013 Resultados

Pontos: FINA 2012

Lugar					Tempo final	Pts
14 anos e mais velhos						
1.	CLAC-Entroncamento 1		CLAC-Entroncamento		5:12.05	411
	Sarah Dias	35.52	1:14.55	Daniela Sofia Serra	+0,35 38.92	1:26.19
	Catarina Vilhena Gregorio	+0,44 41.04	1:27.12	Marta Filipa Vinagre	+0,55 30.67	1:04.19
2.	Tentativa de TAC Nacional		Nautico Abrantes		5:12.66	409
	<i>RD JUV (TA: 05.12.97)</i>					
	Patricia Silva Conceicao	38.19	1:19.83	Ana Margarida Salgueiro	+0,35 35.85	1:18.25
	Maria Beatriz Diogo	+0,42 41.16	1:27.00	Ana Torres Ferreira	+0,39 31.98	1:07.58

14 anos e mais velhos

1.	CLAC-Entroncamento 1		CLAC-Entroncamento		5:12.05	411
	Sarah Dias	35.52	1:14.55	Daniela Sofia Serra	+0,35 38.92	1:26.19
	Catarina Vilhena Gregorio	+0,44 41.04	1:27.12	Marta Filipa Vinagre	+0,55 30.67	1:04.19
2.	Tentativa de TAC Nacional		Nautico Abrantes		5:12.66	409
	<i>RD JUV (TA: 05.12.97)</i>					
	Patricia Silva Conceicao	38.19	1:19.83	Ana Margarida Salgueiro	+0,35 35.85	1:18.25
	Maria Beatriz Diogo	+0,42 41.16	1:27.00	Ana Torres Ferreira	+0,39 31.98	1:07.58

Prova 1 400m Estilos 12 anos e mais velhos
25-05-2013 Resultados

INF-A 13 Anos FEM 13 Femin.: 7:13.00 / INF-A 14 Anos MAS 14 Masc.: 7:12.00 / INF-B 12 Anos FEM 12 Femin.: 7:52.50 / INF-B 13 Anos MAS 13 Masc.: 7:43.50 / JUN/SEN FEM - 15 + Anos 15 + Femin.: 6:50.50 / JUN/SEN MAS - 17 + Anos 17 + Masc.: 6:40.00 / JUV 14 Anos FEM 14 Femin.: 6:57.50 / JUV-A 16 Anos MAS 16 Masc.: 6:49.50 / JUV-B 15 Anos MAS 15 Masc.: 7:01.00

Pontos: FINA 2012

Lugar	Ano				Tempo final	Pts
12 anos e mais velhos, Femin.						
1.	Mariana Soares Martinho	99	Viver Santarem		5:48.79	461
	50m: 36.64	150m: 2:02.79	250m: 3:39.74	350m: 5:10.88		
	100m: 1:16.87	200m: 2:47.99	300m: 4:32.06	400m: 5:48.79		
2.	Marta Filipa Vinagre	95	CLAC-Entroncamento		5:55.33	436
	50m: 37.74	150m: 2:03.52	250m: 3:42.86	350m: 5:16.10		
	100m: 1:17.83	200m: 2:48.02	300m: 4:36.67	400m: 5:55.33		
3.	Ana Claudia Santo	97	Cartaxo		6:04.74	403
	50m: 42.95	150m: 2:17.23	250m: 3:50.67	350m: 5:22.67		
	100m: 1:34.62	200m: 3:01.71	300m: 4:42.39	400m: 6:04.74		
4.	Tatiana Lima Silva	96	Natacao do Tejo		6:11.08	382
	50m: 37.04	150m: 2:09.82	250m: 3:49.37	350m: 5:27.71		
	100m: 1:20.73	200m: 2:56.70	300m: 4:42.23	400m: 6:11.08		
5.	Raquel Sofia Jorge	98	Salvaterra de Magos		6:12.06	379
	50m: 39.83	150m: 2:18.10	250m: 3:59.02	350m: 5:33.13		
	100m: 1:27.50	200m: 3:07.35	300m: 4:50.96	400m: 6:12.06		
6.	Ines Ferreira Duarte	01	Nautico Abrantes		6:12.46	378
	50m: 41.40	150m: 2:17.67	250m: 3:57.17	350m: 5:32.70		
	100m: 1:31.07	200m: 3:03.74	300m: 4:48.96	400m: 6:12.46		
7.	Ana Catarina Santos	00	Uniao Samorense		6:12.52	378
	50m: 39.85	150m: 2:14.64	250m: 3:57.72	350m: 5:34.66		
	100m: 1:26.09	200m: 3:02.57	300m: 4:53.31	400m: 6:12.52		

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 1, Femin., 400m Estilos, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
8. Maria Beatriz Lopes	00 Rio Maior	6:23.13	347
50m: 43.88 150m: 2:23.36 250m: 4:02.38 350m: 5:42.07			
100m: 1:36.49 200m: 3:09.09 300m: 4:57.99 400m: 6:23.13			
9. Beatriz Ribeiro Simoes	01 Torres Novas	6:34.70	318
50m: 44.28 150m: 2:25.86 250m: 4:11.44 350m: 5:51.41			
100m: 1:34.85 200m: 3:17.98 300m: 5:06.97 400m: 6:34.70			
10. Maria Pinto Goncalves	00 Salvaterra de Magos	7:09.73	246
50m: 49.21 150m: 2:41.44 250m: 4:35.62 350m: 6:25.53			
100m: 1:47.28 200m: 3:34.74 300m: 5:37.62 400m: 7:09.73			
DNS Marta Sousa Oliveira	01 Torres Novas		
DNS Rita Sousa Oliveira	01 Torres Novas		

13 anos e mais velhos, Masc.

1. Afonso Miguel Lamy	97 Amadora	5:02.03	526
50m: 32.27 150m: 1:48.06 250m: 3:11.24 350m: 4:29.46			
100m: 1:08.00 200m: 2:26.26 300m: 3:54.06 400m: 5:02.03			
2. Joao Manuel Ferreira	92 CLAC-Entroncamento	5:11.36	480
50m: 31.68 150m: 1:50.53 250m: 3:14.54 350m: 4:35.97			
100m: 1:09.32 200m: 2:30.10 300m: 3:59.14 400m: 5:11.36			
3. Pedro Miguel Henriques	96 Cartaxo	5:20.52	440
50m: 34.07 150m: 1:56.05 250m: 3:23.66 350m: 4:45.12			
100m: 1:15.02 200m: 2:36.71 300m: 4:10.64 400m: 5:20.52			
4. Dario Fausto Matias	98 Torres Novas	5:26.32	417
50m: 33.59 150m: 1:57.25 250m: 3:27.53 350m: 4:52.13			
100m: 1:13.71 200m: 2:38.55 300m: 4:16.50 400m: 5:26.32			
5. Jose Henriques Luz	99 Nucleo Sportinguista Golega	5:26.51	416
50m: 33.43 150m: 1:56.77 250m: 3:26.39 350m: 4:52.15			
100m: 1:12.32 200m: 2:38.41 300m: 4:14.08 400m: 5:26.51			
6. Duarte Rosa Cameirao	94 Rio Maior	5:28.27	409
50m: 33.29 150m: 1:56.42 250m: 3:22.65 350m: 4:49.52			
100m: 1:11.24 200m: 2:38.99 300m: 4:07.57 400m: 5:28.27			
7. Vasco Manuel Castro	89 Rio Maior	5:41.47	364
50m: 31.52 150m: 1:52.71 250m: 3:27.04 350m: 5:00.77			
100m: 1:09.50 200m: 2:34.52 300m: 4:20.46 400m: 5:41.47			
8. Marco Andre Miguel	99 Torres Novas	5:41.98	362
50m: 34.47 150m: 1:58.30 250m: 3:31.52 350m: 5:02.69			
100m: 1:14.91 200m: 2:43.24 300m: 4:21.95 400m: 5:41.98			
9. Rui Jorge Lopes	00 CLAC-Entroncamento	5:44.21	355
50m: 35.23 150m: 2:03.98 250m: 3:36.62 350m: 5:07.64			
100m: 1:19.22 200m: 2:46.96 300m: 4:28.17 400m: 5:44.21			
10. Miguel Goncalves Frade	00 Torres Novas	5:55.97	321
50m: 40.50 150m: 2:14.05 250m: 3:48.88 350m: 5:18.10			
100m: 1:28.23 200m: 2:58.26 300m: 4:38.23 400m: 5:55.97			
11. Joao Rafael Fonseca	97 Rio Maior	5:59.55	311
50m: 37.83 100m: 1:20.36 150m: 2:08.50 250m: 3:49.07 350m: 5:20.63 400m: 5:59.55			
12. Vasco Leal Brito	99 CLAC-Entroncamento	6:56.60	200
50m: 42.58 150m: 2:36.27 250m: 4:27.13 350m: 6:12.98			
100m: 1:43.87 200m: 3:26.76 300m: 5:28.04 400m: 6:56.60			

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 2
25-05-2013

Femin., 200m Livres

12 anos e mais velhos
Resultados

INF-A 13 Anos FEM 13: 3:12.00 / INF-B 12 Anos FEM 12: 3:24.50 / JUN/SEN FEM - 15 + Anos 15 +: 2:56.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
12 anos e mais velhos			
1. Ana Carolina Gomes	97 Cartaxo	2:25.24	470
50m: 33.91 100m: 1:10.64 150m: 1:48.34 200m: 2:25.24			
2. Maria Beatriz Dias	99 Viver Santarem	2:26.70	456
50m: 35.05 100m: 1:12.61 150m: 1:51.00 200m: 2:26.70			
3. Sarah Dias	99 CLAC-Entroncamento	2:26.72	456
50m: 34.66 100m: 1:11.61 150m: 1:50.21 200m: 2:26.72			
4. Ana Margarida Salgueiro	99 Nautico Abrantes	2:30.20	425
50m: 35.66 150m: 1:53.60 200m: 2:30.20			
5. Vanessa Braga Salvador	91 Uniao Samorense	2:32.48	406
50m: 33.79 100m: 1:11.95 150m: 1:51.72 200m: 2:32.48			
6. Joana Sofia Amado	99 Cartaxo	2:32.94	403
50m: 35.08 100m: 1:13.84 150m: 1:54.17 200m: 2:32.94			
7. Mafalda Alexandra Cabaca	00 Viver Santarem	2:34.00	394
50m: 34.91 100m: 1:14.65 150m: 1:55.46 200m: 2:34.00			
8. Ines Isabel Graca	00 Gualdim Pais	2:34.90	388
50m: 35.34 100m: 1:15.67 150m: 1:56.00 200m: 2:34.90			
9. Catarina Goncalves Trezentos	98 Gualdim Pais	2:34.99	387
50m: 36.94 100m: 1:16.95 150m: 1:57.27 200m: 2:34.99			
10. Lara Alexandra Delgado	00 Torres Novas	2:36.15	378
50m: 36.50 100m: 1:15.84 150m: 1:56.01 200m: 2:36.15			
11. Ana Pereira Luis	97 Salvaterra de Magos	2:37.54	368
50m: 35.27 100m: 1:14.65 150m: 1:56.21 200m: 2:37.54			
12. Raquel Anastacio Cruz	98 Torres Novas	2:38.41	362
50m: 37.08 100m: 1:17.74 150m: 1:59.65 200m: 2:38.41			
13. Ana Filipa Parente	98 Gualdim Pais	2:38.64	361
50m: 34.73 100m: 1:15.13 150m: 1:57.48 200m: 2:38.64			
14. Marta Isabel Silva	00 Viver Santarem	2:38.73	360
50m: 35.71 100m: 1:15.22 150m: 1:57.09 200m: 2:38.73			
15. Daniela Sofia Serra	98 CLAC-Entroncamento	2:39.50	355
50m: 37.42 100m: 1:18.78 150m: 2:00.80 200m: 2:39.50			
16. Ana Catarina Santos	00 Uniao Samorense	2:39.86	353
50m: 37.11 100m: 1:18.62 150m: 2:00.46 200m: 2:39.86			
17. Maria Beatriz Diogo	99 Nautico Abrantes	2:40.03	351
50m: 37.36 100m: 1:18.44 150m: 2:00.31 200m: 2:40.03			
18. Ana Torres Ferreira	99 Nautico Abrantes	2:42.09	338
50m: 37.16 150m: 2:01.55 200m: 2:42.09			
19. Mariana Nunes Domingos	00 Viver Santarem	2:42.53	335
50m: 35.75 150m: 1:58.97 200m: 2:42.53			
20. Ana Catarina Travessa	96 Salvaterra de Magos	2:42.62	335
50m: 37.24 100m: 1:18.16 150m: 2:01.08 200m: 2:42.62			
21. Beatriz Santos Reis	01 Torres Novas	2:45.15	320
50m: 38.59 100m: 1:21.44 150m: 2:04.77 200m: 2:45.15			
22. Daniela Patricia Araujo	98 Rio Maior	2:45.50	318
50m: 37.90 100m: 1:20.64 150m: 2:03.76 200m: 2:45.50			

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 2, Femin., 200m Livres, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
23. Carolina Miguel Marques 50m: 37.28 100m: 1:19.79 150m: 2:04.33 200m: 2:46.99	99 Natacao do Tejo	2:46.99	309
24. Rita Daniela Lopes 50m: 38.82 100m: 1:21.98 150m: 2:05.47 200m: 2:47.19	01 Gualdim Pais	2:47.19	308
25. Lucia Goncalves Dias 50m: 40.40 100m: 1:25.01 150m: 2:07.48 200m: 2:49.44	01 Torres Novas	2:49.44	296
Carolina Marques Neves 100m: 1:23.18 200m: 2:49.44	01 Torres Novas	2:49.44	296
27. Patricia Silva Conceicao 50m: 36.14 100m: 1:19.90 150m: 2:07.08 200m: 2:50.94	99 Nautico Abrantes	2:50.94	288
28. Neuza Figueiredo Pereira 100m: 1:27.06 200m: 2:56.32	00 Gualdim Pais	2:56.32	263
29. Barbara Ribeiro Cotovio 100m: 1:27.32 200m: 2:56.39	00 Natacao do Tejo	2:56.39	262
30. Claudia Maria Marcalo 100m: 1:24.36 200m: 2:59.86	99 Natacao do Tejo	2:59.86	247
31. Ana Margarida Ramos 50m: 40.65 100m: 1:25.68 150m: 2:14.55 200m: 3:03.62	00 Uniao Samorense	3:03.62	232
32. Joana Costa Bernardino 100m: 1:26.32 200m: 3:06.02	00 CLAC-Entroncamento	3:06.02	224
33. Sofia Isabel Mendes 50m: 42.31 100m: 1:29.55 150m: 2:19.87 200m: 3:08.70	97 Salvaterra de Magos	3:08.70	214 FTL
34. Leonor Chora Gaudencio 50m: 43.07 100m: 1:33.44 150m: 2:25.49 200m: 3:16.04	01 Torres Novas	3:16.04	191
35. Joana Matias Almeida 100m: 1:44.77 200m: 3:28.64	01 Viver Santarem	3:28.64	158 FTL
DSQ Mariana Tome Fidalgo <i>A nadadora não completou o percurso</i>	01 Viver Santarem		
DNS Ines Fernandes Moutinho	99 CLAC-Entroncamento		
DNS Susana Patricia Rosa	96 CLAC-Entroncamento		
DNS Constanca Isabel Jose	01 Gualdim Pais		
DNS Filipa Robert Rente	96 Gualdim Pais		
DNS Ana Rita Carvalho	01 Viver Santarem		
DNS Erica Alexandra Madruga	01 Viver Santarem		

Prova 3
25-05-2013

Masc., 200m Livres

13 anos e mais velhos
Resultados

JUV-A 16 Anos MAS 16: 2:39.50 / INF-A 14 Anos MAS 14: 2:56.50 / INF-B 13 Anos MAS 13: 3:09.00 / JUN/SEN MAS -
17 + Anos 17 +: 2:34.50 / JUV-B 15 Anos MAS 15: 2:44.50

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
13 anos e mais velhos			
1. Ivo Andre Lopes 50m: 29.77 100m: 1:02.50 150m: 1:35.79 200m: 2:09.42	94 Viver Santarem	2:09.42	489
2. Afonso Filipe Gaspar 50m: 31.08 100m: 1:04.49 150m: 1:38.14 200m: 2:11.69	97 Nautico Abrantes	2:11.69	464
3. Joao Mauricio Gaspar 50m: 30.81 100m: 1:04.50 150m: 1:39.42 200m: 2:12.84	97 Nautico Abrantes	2:12.84	452

Jornada Apuramento Categorias - Rio Maior 50 Metros
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Prova 3, Masc., 200m Livres, 13 anos e mais velhos

Lugar					Ano				Tempo final	Pts
4.	Afonso Guilherme Rosa	99	Gualdim Pais					2:13.42	446	
	50m: 30.86	100m: 1:04.84	150m: 1:39.87	200m: 2:13.42						
5.	Telmo Pedrosa Rocha	98	Uniao Samorense					2:14.51	436	
	50m: 30.94	100m: 1:04.84	150m: 1:39.85	200m: 2:14.51						
6.	Joao Pedro Marquez	98	Uniao Samorense					2:15.37	427	
	50m: 30.89	100m: 1:05.05	150m: 1:40.39	200m: 2:15.37						
7.	Joao Luis Baeta	94	Viver Santarem					2:15.79	423	
	50m: 30.51	100m: 1:04.64	150m: 1:39.77	200m: 2:15.79						
8.	Tiago Filipe Campos	99	Viver Santarem					2:15.87	423	
	50m: 30.64	150m: 1:40.92	200m: 2:15.87							
9.	Miguel Rodrigues Silva	97	Nautico Abrantes					2:19.12	394	
	50m: 31.75	100m: 1:06.70	150m: 1:43.55	200m: 2:19.12						
10.	Bernardo Jose Dionisio	99	Gualdim Pais					2:20.60	381	
	50m: 32.43	100m: 1:08.29	150m: 1:45.03	200m: 2:20.60						
11.	Miguel Carrico Cruz	99	Viver Santarem					2:20.72	380	
	50m: 33.78	100m: 1:11.16	150m: 1:48.10	200m: 2:20.72						
12.	Joao Pedro Rosa	90	CLAC-Entroncamento					2:21.29	376	
	50m: 31.95	100m: 1:07.40	150m: 1:44.32	200m: 2:21.29						
13.	Duarte Miguel Pires	96	Viver Santarem					2:22.73	364	
	50m: 31.70	100m: 1:06.86	150m: 1:44.64	200m: 2:22.73						
14.	Goncalo Faria Saldida	99	Gualdim Pais					2:22.75	364	
	50m: 33.20	100m: 1:09.46	150m: 1:46.53	200m: 2:22.75						
15.	Pedro Manuel Nunes	98	CLAC-Entroncamento					2:23.04	362	
	50m: 32.93	100m: 1:09.67	150m: 1:47.71	200m: 2:23.04						
16.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega					2:24.29	353	
	50m: 30.94	100m: 1:06.79	150m: 1:45.79	200m: 2:24.29						
17.	Miguel Serrao Santos	00	Viver Santarem					2:24.60	350	
	50m: 33.34	100m: 1:10.82	150m: 1:48.32	200m: 2:24.60						
18.	Mario Jorge Santos	95	Gualdim Pais					2:25.98	341	
	50m: 31.49	100m: 1:06.62	150m: 1:45.68	200m: 2:25.98						
19.	Mario Jorge Nunes	92	Natacao do Tejo					2:26.65	336	
	50m: 33.54	100m: 1:10.59	150m: 1:48.49	200m: 2:26.65						
20.	Joao Nazario Carvalho	00	Torres Novas					2:26.97	334	
	50m: 34.62	100m: 1:12.36	150m: 1:50.77	200m: 2:26.97						
	Miguel Jorge Nunes	98	Uniao Samorense					2:26.97	334	
	50m: 32.52	100m: 1:09.17	150m: 1:47.57	200m: 2:26.97						
22.	Daniel Sendrea	98	Uniao Samorense					2:28.09	326	
	50m: 33.71	150m: 1:51.87	200m: 2:28.09							
23.	Joao Diogo Lucas	95	Salvaterra de Magos					2:28.53	323	
	50m: 32.87	100m: 1:10.14	150m: 1:49.47	200m: 2:28.53						
24.	Joao Pedro Alves	96	Natacao do Tejo					2:29.48	317	
	50m: 31.85	100m: 1:09.88	150m: 1:49.22	200m: 2:29.48						
25.	Joao Tiago Almeida	99	Viver Santarem					2:29.71	316	
	50m: 33.67	100m: 1:12.24	150m: 1:51.97	200m: 2:29.71						
26.	Joao Rafael Fonseca	97	Rio Maior					2:30.57	310	
	50m: 34.58	100m: 1:12.05	150m: 1:51.81	200m: 2:30.57						
27.	Rui Diogo Torres	98	Cartaxo					2:32.46	299	
	50m: 35.26	100m: 1:14.07	150m: 1:54.98	200m: 2:32.46						

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 3, Masc., 200m Livres, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts
28. Alexandre Rodrigues Faria 50m: 34.51 100m: 1:14.15 150m: 1:54.96 200m: 2:33.19	95 Torres Novas	2:33.19	295
29. Luis Miguel Monteiro 50m: 33.33 100m: 1:12.47 150m: 1:54.52 200m: 2:35.15	99 Cartaxo	2:35.15	284
30. Martim Basilio Gil 50m: 30.55 100m: 1:04.03 150m: 1:53.76 200m: 2:35.52	97 CLAC-Entroncamento	2:35.52	282
31. Andre Diogo Olivenca 50m: 34.32 100m: 1:14.01 150m: 1:55.85 200m: 2:36.11	98 Viver Santarem	2:36.11	278
32. Francisco Jose Pires 50m: 34.71 100m: 1:13.98 150m: 1:56.62 200m: 2:36.91	98 Uniao Samorense	2:36.91	274
33. Filipe Asseiceira Ramos 50m: 36.66 100m: 1:18.15 150m: 1:59.67 200m: 2:39.71	00 Torres Novas	2:39.71	260
34. Rafael Ildio Antunes 50m: 35.61 100m: 1:16.39 150m: 1:59.38 200m: 2:39.83	97 Salvaterra de Magos	2:39.83	259 FTL
35. Henrique Miguel Cruz 50m: 36.00 150m: 1:59.27 200m: 2:40.75	00 Torres Novas	2:40.75	255
36. David Antonio Carvalho 50m: 35.13 100m: 1:16.32 150m: 1:59.95 200m: 2:41.62	99 Natacao do Tejo	2:41.62	251
37. Joao Fernando Bento 50m: 36.63 100m: 1:18.93 150m: 2:03.30 200m: 2:43.59	99 Uniao Samorense	2:43.59	242
38. Henrique Braga Salvador 50m: 36.59 100m: 1:19.19 150m: 2:03.40 200m: 2:45.03	00 Uniao Samorense	2:45.03	236
39. Vasco Leal Brito 50m: 38.00 100m: 1:22.75 150m: 2:08.27 200m: 2:48.71	99 CLAC-Entroncamento	2:48.71	220
40. Joao Marques Dias 50m: 37.21 100m: 1:20.10 150m: 2:07.94 200m: 2:50.82	00 Natacao do Tejo	2:50.82	212
41. Dan Miloslavski 50m: 37.26 100m: 1:20.47 150m: 2:06.36 200m: 2:51.29	00 Nautico Abrantes	2:51.29	211
42. Eliseu Manuel Tavares 50m: 37.05 100m: 1:20.11 150m: 2:05.06 200m: 2:52.57	99 Uniao Samorense	2:52.57	206
43. Andre Neves Avo 50m: 34.48 100m: 1:19.40 150m: 2:09.90 200m: 2:56.86	99 Rio Maior	2:56.86	191 FTL
44. Manuel Maria Potes 50m: 42.94 150m: 2:27.08 200m: 3:14.90	00 Nautico Abrantes	3:14.90	143 FTL
DNS Francisco Redol Dias	96 Gualdim Pais		

Prova 4 Femin., 50m Costas 12 anos e mais velhos
25-05-2013 Resultados

INF-A 13 Anos FEM 13: 44.50 / INF-B 12 Anos FEM 12: 47.00 / JUN/SEN FEM - 15 + Anos 15 +: 41.50 / JUV 14 Anos FEM 14: 43.50

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
12 anos e mais velhos			
1. Sarah Dias	99 CLAC-Entroncamento	34.25	493
2. Soraya Dea Matias	95 Torres Novas	35.19	454
3. Marta Filipa Vinagre	95 CLAC-Entroncamento	35.55	441
4. Rita Bile Grilo	98 Amadora	35.61	438
5. Ana Margarida Salgueiro	99 Nautico Abrantes	37.59	373
6. Ana Pereira Luis	97 Salvaterra de Magos	37.95	362

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 4, Femin., 50m Costas, 12 anos e mais velhos

Lugar	Ano		Tempo final	Pts
7. Ana Claudia Santo	97	Cartaxo	38.12	357
8. Patricia Silva Conceicao	99	Nautico Abrantes	38.14	357
9. Daniela Sofia Serra	98	CLAC-Entroncamento	38.87	337
10. Vanessa Braga Salvador	91	Uniao Samorense	40.23	304
11. Rita Viana Miguel	99	CLAC-Entroncamento	41.60	275
12. Joana Sofia Bica	99	CLAC-Entroncamento	41.74	272
13. Ana Carolina Morais	99	Nucleo Sportinguista Golega	45.22	214 FTL
DNS Filipa Robert Rente	96	Gualdim Pais		

Prova 5 Masc., 50m Costas 13 anos e mais velhos
25-05-2013 Resultados

INF-A 14 Anos MAS 14: 40.50 / INF-B 13 Anos MAS 13: 43.50 / JUN/SEN MAS - 17 + Anos 17 +: 37.50 / JUV-A 16 Anos MAS 16: 38.50 / JUV-B 15 Anos MAS 15: 39.50

Pontos: FINA 2012

Lugar	Ano		Tempo final	Pts
13 anos e mais velhos				
1. Pedro Fontoura Oliveira	90	Amadora	28.62	592
2. Frederico Sucena Riachos	98	Nucleo Sportinguista Golega	31.45	446
3. Joao Mauricio Gaspar	97	Nautico Abrantes	32.81	393
4. Nuno Miguel Afonso	91	Natacao do Tejo	34.38	341
Miguel Rodrigues Silva	97	Nautico Abrantes	34.38	341
6. Joao Pedro Rosa	90	CLAC-Entroncamento	35.07	322
7. Afonso Filipe Gaspar	97	Nautico Abrantes	35.42	312
8. Rafael Ildio Antunes	97	Salvaterra de Magos	36.83	278
DNS Francisco Redol Dias	96	Gualdim Pais		

Prova 6 Femin., 200m Bruços 12 anos e mais velhos
25-05-2013 Resultados

INF-A 13 Anos FEM 13: 3:57.50 / INF-B 12 Anos FEM 12: 4:19.50 / JUN/SEN FEM - 15 + Anos 15 +: 3:40.50 / JUV 14 Anos FEM 14: 3:45.00

Pontos: FINA 2012

Lugar	Ano		Tempo final	Pts
12 anos e mais velhos				
1. Catarina Vilhena Gregorio	96	CLAC-Entroncamento	3:04.34	439
50m: 42.39 100m: 1:29.07 150m: 2:17.90 200m: 3:04.34				
2. Carolina Felicidade Batista	99	Viver Santarem	3:07.34	418
50m: 41.94 100m: 1:29.07 150m: 2:18.06 200m: 3:07.34				
3. Maria Beatriz Diogo	99	Nautico Abrantes	3:07.82	415
50m: 43.60 100m: 1:31.22 150m: 2:21.27 200m: 3:07.82				
4. Catarina Goncalves Trezentos	98	Gualdim Pais	3:12.60	385
50m: 44.85 100m: 1:34.48 150m: 2:24.49 200m: 3:12.60				
5. Ines Ferreira Duarte	01	Nautico Abrantes	3:16.26	363
50m: 45.59 100m: 1:34.27 150m: 2:26.95 200m: 3:16.26				
6. Raquel Sofia Jorge	98	Salvaterra de Magos	3:16.87	360
50m: 45.67 100m: 1:35.29 150m: 2:26.42 200m: 3:16.87				
7. Ana Torres Ferreira	99	Nautico Abrantes	3:19.90	344
50m: 46.88 100m: 1:37.84 150m: 2:30.80 200m: 3:19.90				
8. Ana Catarina Travessa	96	Salvaterra de Magos	3:20.42	341
50m: 44.57 100m: 1:35.07 150m: 2:28.84 200m: 3:20.42				

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 6, Femin., 200m Bruços, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
9. Mafalda Gilberto Marques 50m: 45.96 100m: 1:39.13 150m: 2:32.56 200m: 3:24.67	01 Natacao do Tejo	3:24.67	320
10. Ana Pereira Luis 50m: 47.93 100m: 1:40.50 150m: 2:34.59 200m: 3:26.92	97 Salvaterra de Magos	3:26.92	310
11. Maria Beatriz Lopes 50m: 48.17 100m: 1:41.74 150m: 2:33.98 200m: 3:27.58	00 Rio Maior	3:27.58	307
12. Mafalda Alexandra Cabaca 50m: 48.48 100m: 1:41.69 150m: 2:36.58 200m: 3:28.84	00 Viver Santarem	3:28.84	302
13. Mariana Nunes Domingos 50m: 48.27 100m: 1:41.94 150m: 2:36.92 200m: 3:31.12	00 Viver Santarem	3:31.12	292
14. Lara Alexandra Delgado 50m: 47.98 100m: 1:40.90 150m: 2:36.05 200m: 3:31.70	00 Torres Novas	3:31.70	289
15. Carolina Marques Neves 50m: 50.02 100m: 1:45.96 150m: 2:39.28 200m: 3:32.70	01 Torres Novas	3:32.70	285
16. Joana Sofia Bica 50m: 47.68 100m: 1:41.95 150m: 2:38.63 200m: 3:32.89	99 CLAC-Entroncamento	3:32.89	285
17. Beatriz Ribeiro Simoes 50m: 51.62 100m: 1:47.56 150m: 2:42.41 200m: 3:35.51	01 Torres Novas	3:35.51	274
18. Ines Isabel Graca 50m: 48.53 100m: 1:45.03 150m: 2:41.70 200m: 3:35.63	00 Gualdim Pais	3:35.63	274
19. Rita Daniela Lopes 50m: 50.77 100m: 1:46.52 150m: 2:44.30 200m: 3:41.20	01 Gualdim Pais	3:41.20	254
20. Ines Isabel Conde 50m: 51.50 100m: 1:50.20 150m: 2:49.39 200m: 3:44.87	01 Torres Novas	3:44.87	241
21. Barbara Sucena Riachos 50m: 51.89 100m: 1:49.87 150m: 2:51.52 200m: 3:48.58	00 Nucleo Sportinguista Golega	3:48.58	230
22. Joana Costa Bernardino 50m: 54.10 100m: 1:51.85 150m: 2:52.92 200m: 3:53.38	00 CLAC-Entroncamento	3:53.38	216
23. Maria Pinto Goncalves 50m: 57.83 100m: 2:01.70 150m: 3:05.97 200m: 4:06.53	00 Salvaterra de Magos	4:06.53	183 FTL
24. Ana Carolina Morais 50m: 56.84 100m: 1:58.03 150m: 3:05.69 200m: 4:08.52	99 Nucleo Sportinguista Golega	4:08.52	179 FTL
25. Claudia Maria Marcalo 50m: 55.40 100m: 2:01.04 150m: 3:05.62 200m: 4:09.73	99 Natacao do Tejo	4:09.73	176 FTL
26. Ana Margarida Ramos 50m: 57.59 100m: 2:02.00 150m: 3:08.40 200m: 4:13.41	00 Uniao Samorense	4:13.41	169 FTL
DNS Ines Fernandes Moutinho	99 CLAC-Entroncamento		
DNS Constanca Isabel Jose	01 Gualdim Pais		
DNS Marta Sousa Oliveira	01 Torres Novas		
DNS Rita Sousa Oliveira	01 Torres Novas		
DNS Ana Rita Carvalho	01 Viver Santarem		

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 7
25-05-2013

Masc., 200m Bruços

13 anos e mais velhos
Resultados

INF-A 14 Anos MAS 14: 4:00.00 / INF-B 13 Anos MAS 13: 4:17.50 / JUN/SEN MAS - 17 + Anos 17 +: 3:28.00 / JUV-A 16 Anos MAS 16: 3:38.50 / JUV-B 15 Anos MAS 15: 3:44.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
13 anos e mais velhos			
1. Goncalo Alexandre Almeida	96 Amadora	2:39.21	511
50m: 36.41 100m: 1:16.79 150m: 1:57.86 200m: 2:39.21			
2. Guilherme Antonio Reis	96 Torres Novas	2:41.16	492
50m: 37.38 150m: 2:00.77 200m: 2:41.16			
3. Duarte Rosa Cameirao	94 Rio Maior	2:41.85	486
50m: 37.45 100m: 1:17.30 150m: 2:00.17 200m: 2:41.85			
4. Ivo Andre Lopes	94 Viver Santarem	2:52.90	399
50m: 38.37 100m: 1:21.26 150m: 2:06.96 200m: 2:52.90			
5. Miguel Carrico Cruz	99 Viver Santarem	2:57.81	367
50m: 39.06 100m: 1:23.77 150m: 2:12.21 200m: 2:57.81			
6. Martim Basilio Gil	97 CLAC-Entroncamento	2:58.50	362
50m: 40.09 100m: 1:26.04 150m: 2:12.14 200m: 2:58.50			
7. Bernardo Jose Dionisio	99 Gualdim Pais	2:59.25	358
50m: 39.94 100m: 1:25.96 150m: 2:13.13 200m: 2:59.25			
8. Jose Henriques Luz	99 Nucleo Sportinguista Golega	3:03.00	336
50m: 42.93 100m: 1:29.98 150m: 2:17.35 200m: 3:03.00			
9. Mario Jorge Santos	95 Gualdim Pais	3:06.93	315
50m: 41.81 100m: 1:29.43 150m: 2:17.69 200m: 3:06.93			
10. Joao Pedro Marquez	98 Uniao Samorense	3:07.52	312
50m: 43.61 100m: 1:31.09 150m: 2:19.72 200m: 3:07.52			
11. Goncalo Faria Saldida	99 Gualdim Pais	3:07.59	312
50m: 42.60 100m: 1:30.40 150m: 2:19.50 200m: 3:07.59			
12. Pedro Manuel Nunes	98 CLAC-Entroncamento	3:07.73	311
50m: 41.85 100m: 1:30.36 150m: 2:19.93 200m: 3:07.73			
13. Tiago Filipe Campos	99 Viver Santarem	3:09.17	304
50m: 43.42 100m: 1:32.25 150m: 2:22.16 200m: 3:09.17			
14. Miguel Goncalves Frade	00 Torres Novas	3:11.12	295
50m: 44.77 100m: 1:33.11 150m: 2:23.26 200m: 3:11.12			
15. Afonso Guilherme Rosa	99 Gualdim Pais	3:15.37	276
50m: 44.70 100m: 1:34.75 150m: 2:26.07 200m: 3:15.37			
16. Rui Jorge Lopes	00 CLAC-Entroncamento	3:20.38	256
50m: 44.43 100m: 1:36.49 150m: 2:29.83 200m: 3:20.38			
17. Telmo Pedrosa Rocha	98 Uniao Samorense	3:20.88	254
50m: 44.83 150m: 2:28.56 200m: 3:20.88			
18. Henrique Braga Salvador	00 Uniao Samorense	3:21.96	250
50m: 46.06 100m: 1:40.14 150m: 2:32.20 200m: 3:21.96			
19. Miguel Jorge Nunes	98 Uniao Samorense	3:24.35	241
50m: 45.91 100m: 1:37.55 150m: 2:30.86 200m: 3:24.35			
20. Joao Fernando Bento	99 Uniao Samorense	3:26.81	233
50m: 47.34 100m: 1:38.88 150m: 2:34.00 200m: 3:26.81			
21. Daniel Sendrea	98 Uniao Samorense	3:27.06	232
50m: 48.55 100m: 1:40.87 150m: 2:35.64 200m: 3:27.06			
22. Miguel Serrao Santos	00 Viver Santarem	3:30.21	222
50m: 48.71 150m: 2:36.27 200m: 3:30.21			

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 7, Masc., 200m Bruços, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts
23. Eliseu Manuel Tavares 50m: 46.41 100m: 1:41.51 150m: 2:35.87 200m: 3:30.30	99 Uniao Samorense	3:30.30	221
24. Joao Tiago Almeida 50m: 43.84 100m: 1:37.52 150m: 2:34.90 200m: 3:30.36	99 Viver Santarem	3:30.36	221
25. David Jose Carpinteiro 50m: 48.64 100m: 1:43.39 150m: 2:38.64 200m: 3:31.48	00 Natacao do Tejo	3:31.48	218
26. Filipe Asseiceira Ramos 50m: 50.38 100m: 1:44.97 150m: 2:39.11 200m: 3:31.50	00 Torres Novas	3:31.50	218
27. Francisco Jose Pires 50m: 49.06 100m: 1:43.14 150m: 2:38.89 200m: 3:32.39	98 Uniao Samorense	3:32.39	215
28. Henrique Miguel Cruz 50m: 48.26 100m: 1:42.33 150m: 2:38.57 200m: 3:33.39	00 Torres Novas	3:33.39	212
29. Dan Miloslavski 50m: 48.26 100m: 1:43.45 150m: 2:41.07 200m: 3:36.72	00 Nautico Abrantes	3:36.72	202

2 - 2ª SESSÃO

25-05-2013 - 15:30

Prova 8 Femin., 50m Bruços 12 anos e mais velhos
25-05-2013 Resultados

INF-A 13 Anos FEM 13: 49.00 / INF-B 12 Anos FEM 12: 52.50 / JUN/SEN FEM - 15 + Anos 15 +: 47.50 / JUV 14 Anos FEM 14: 48.50

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
12 anos e mais velhos			
1. Catarina Vilhena Gregorio	96 CLAC-Entroncamento	37.02	521
2. Soraya Dea Matias	95 Torres Novas	37.75	491
3. Ana Margarida Salgueiro	99 Nautico Abrantes	39.81	419
4. Maria Beatriz Diogo	99 Nautico Abrantes	40.34	403
5. Catarina Goncalves Trezentos	98 Gualdim Pais	41.40	372
6. Ana Torres Ferreira	99 Nautico Abrantes	41.43	372
7. Carolina Felicidade Batista	99 Viver Santarem	42.87	335
8. Raquel Sofia Jorge	98 Salvaterra de Magos	43.63	318
9. Joana Sofia Bica	99 CLAC-Entroncamento	44.42	301
10. Ana Carolina Morais	99 Nucleo Sportinguista Golega	51.71	191 FTL
DNS Filipa Robert Rente	96 Gualdim Pais		

Prova 9 Masc., 50m Bruços 13 anos e mais velhos
25-05-2013 Resultados

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
13 anos e mais velhos			
1. Joao Manuel Ferreira	92 CLAC-Entroncamento	33.47	505
2. Guilherme Antonio Reis	96 Torres Novas	33.80	491
3. Duarte Rosa Cameirao	94 Rio Maior	34.65	455
4. Ivo Andre Lopes	94 Viver Santarem	34.74	452
5. Nuno Miguel Afonso	91 Natacao do Tejo	36.58	387
6. Joao Mauricio Gaspar	97 Nautico Abrantes	37.26	366
7. Pedro Manuel Nunes	98 CLAC-Entroncamento	37.93	347
8. Martim Basilio Gil	97 CLAC-Entroncamento	38.02	345

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 9, Masc., 50m Bruços, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts
9. Joao Diogo Lucas	95 Salvaterra de Magos	40.08	294
10. Miguel Jorge Nunes	98 Uniao Samorense	42.10	254
11. Francisco Jose Pires	98 Uniao Samorense	43.08	237

Prova 10
25-05-2013

Femin., 200m Costas

12 anos e mais velhos
Resultados

INF-A 13 Anos FEM 13: 3:32.50 / INF-B 12 Anos FEM 12: 3:52.00 / JUN/SEN FEM - 15 + Anos 15 +: 3:14.00 / JUV 14 Anos FEM 14: 3:25.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
12 anos e mais velhos			
1. Rita Bile Grilo	98 Amadora	2:33.61	536
50m: 36.68 100m: 1:15.94 150m: 1:55.07 200m: 2:33.61			
2. Sarah Dias	99 CLAC-Entroncamento	2:44.12	439
50m: 38.19 100m: 1:19.87 150m: 2:02.82 200m: 2:44.12			
3. Ana Margarida Salgueiro	99 Nautico Abrantes	2:45.52	428
50m: 39.45 100m: 1:22.15 150m: 2:05.47 200m: 2:45.52			
4. Mariana Soares Martinho	99 Viver Santarem	2:46.96	417
50m: 39.39 100m: 1:21.94 150m: 2:05.27 200m: 2:46.96			
5. Ines Isabel Graca	00 Gualdim Pais	2:48.93	403
50m: 39.70 100m: 1:23.11 150m: 2:06.42 200m: 2:48.93			
6. Ana Claudia Santo	97 Cartaxo	2:50.04	395
50m: 38.87 100m: 1:21.79 150m: 2:05.54 200m: 2:50.04			
7. Ines Ferreira Duarte	01 Nautico Abrantes	2:50.93	389
50m: 40.53 100m: 1:24.15 150m: 2:08.77 200m: 2:50.93			
8. Daniela Sofia Serra	98 CLAC-Entroncamento	2:51.50	385
50m: 40.57 100m: 1:24.54 150m: 2:09.19 200m: 2:51.50			
9. Maria Beatriz Diogo	99 Nautico Abrantes	2:52.06	381
50m: 41.65 100m: 1:24.48 150m: 2:08.93 200m: 2:52.06			
10. Ana Torres Ferreira	99 Nautico Abrantes	2:52.14	381
50m: 41.24 100m: 1:26.12 150m: 2:11.29 200m: 2:52.14			
11. Maria Beatriz Lopes	00 Rio Maior	2:53.06	375
50m: 41.99 100m: 1:27.75 150m: 2:12.51 200m: 2:53.06			
12. Patricia Silva Conceicao	99 Nautico Abrantes	2:54.29	367
50m: 41.36 100m: 1:26.08 150m: 2:11.31 200m: 2:54.29			
13. Carolina Miguel Marques	99 Natacao do Tejo	2:55.76	358
50m: 41.58 100m: 1:26.44 150m: 2:11.81 200m: 2:55.76			
14. Vanessa Braga Salvador	91 Uniao Samorense	2:57.09	350
50m: 42.77 100m: 1:26.61 150m: 2:11.92 200m: 2:57.09			
15. Ana Pereira Luis	97 Salvaterra de Magos	2:57.48	347
50m: 43.08 100m: 1:28.40 150m: 2:14.19 200m: 2:57.48			
16. Ana Catarina Travessa	96 Salvaterra de Magos	2:59.79	334
50m: 41.81 100m: 1:26.72 150m: 2:13.43 200m: 2:59.79			
17. Mafalda Alexandra Cabaca	00 Viver Santarem	3:00.15	332
50m: 43.55 100m: 1:29.18 150m: 2:15.66 200m: 3:00.15			
18. Ana Catarina Santos	00 Uniao Samorense	3:01.31	326
50m: 44.04 100m: 1:31.01 150m: 2:18.14 200m: 3:01.31			

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 10, Femin., 200m Costas, 12 anos e mais velhos

Lugar	Ano	Tempo final	Pts
19. Beatriz Santos Reis 50m: 44.59 100m: 1:31.58 150m: 2:17.86 200m: 3:01.75	01 Torres Novas	3:01.75	323
20. Marta Isabel Silva 50m: 42.51 100m: 1:28.87 150m: 2:16.28 200m: 3:02.96	00 Viver Santarem	3:02.96	317
21. Rita Daniela Lopes 50m: 44.80 100m: 1:31.64 150m: 2:18.47 200m: 3:03.00	01 Gualdim Pais	3:03.00	317
22. Joana Costa Bernardino 50m: 44.31 100m: 1:31.08 150m: 2:18.70 200m: 3:03.60	00 CLAC-Entroncamento	3:03.60	314
23. Raquel Anastacio Cruz 50m: 44.97 100m: 1:32.41 150m: 2:20.15 200m: 3:07.00	98 Torres Novas	3:07.00	297
24. Mariana Nunes Domingos 50m: 43.82 100m: 1:31.55 150m: 2:20.38 200m: 3:07.76	00 Viver Santarem	3:07.76	293
25. Neuza Figueiredo Pereira 50m: 46.58 100m: 1:34.49 150m: 2:22.71 200m: 3:08.08	00 Gualdim Pais	3:08.08	292
26. Joana Sofia Bica 50m: 45.90 100m: 1:36.16 150m: 2:26.90 200m: 3:13.25	99 CLAC-Entroncamento	3:13.25	269
27. Rita Viana Miguel 50m: 45.64 100m: 1:36.19 150m: 2:27.10 200m: 3:13.63	99 CLAC-Entroncamento	3:13.63	267
28. Barbara Ribeiro Cotovio 50m: 48.51 100m: 1:40.07 150m: 2:31.61 200m: 3:19.11	00 Natacao do Tejo	3:19.11	246
29. Sofia Isabel Mendes 50m: 47.87 100m: 1:39.33 150m: 2:31.13 200m: 3:21.02	97 Salvaterra de Magos	3:21.02	239 FTL
30. Maria Pinto Goncalves 50m: 48.69 100m: 1:40.34 150m: 2:31.95 200m: 3:21.07	00 Salvaterra de Magos	3:21.07	239
31. Mafalda Gilberto Marques 50m: 46.96 100m: 1:41.35 150m: 2:34.31 200m: 3:24.92	01 Natacao do Tejo	3:24.92	225
32. Barbara Sucena Riachos 50m: 49.09 100m: 1:42.21 150m: 2:36.19 200m: 3:26.90	00 Nucleo Sportinguista Golega	3:26.90	219
33. Mariana Tome Fidalgo 50m: 49.18 100m: 1:42.84 150m: 2:36.64 200m: 3:27.27	01 Viver Santarem	3:27.27	218
DNS Constanca Isabel Jose	01 Gualdim Pais		
DNS Marta Sousa Oliveira	01 Torres Novas		
DNS Rita Sousa Oliveira	01 Torres Novas		
DNS Ana Rita Carvalho	01 Viver Santarem		
DNS Erica Alexandra Madruga	01 Viver Santarem		

Prova 11
25-05-2013

Masc., 200m Costas

13 anos e mais velhos
Resultados

JUV-A 16 Anos MAS 16: 3:14.00 / JUV-B 15 Anos MAS 15: 3:18.00 / INF-A 14 Anos MAS 14: 3:26.50 / INF-B 13 Anos MAS 13: 3:41.50 / JUN/SEN MAS - 17 + Anos 17 +: 3:10.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
13 anos e mais velhos			
1. Pedro Fontoura Oliveira 50m: 31.66 100m: 1:05.65 150m: 1:40.06 200m: 2:12.60	90 Amadora	2:12.60	601
2. Afonso Guilherme Rosa 50m: 33.97 100m: 1:11.40 150m: 1:49.11 200m: 2:23.60	99 Gualdim Pais	2:23.60	473
3. Afonso Miguel Lamy 50m: 34.35 100m: 1:11.67 150m: 1:48.83 200m: 2:24.53	97 Amadora	2:24.53	464

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 11, Masc., 200m Costas, 13 anos e mais velhos

Lugar							Ano				Tempo final	Pts
4.	Frederico Sucena Riachos	98	Nucleo Sportinguista Golega							2:31.57	402	
	50m: 35.71	100m: 1:14.79	150m: 1:54.64	200m: 2:31.57								
5.	Afonso Filipe Gaspar	97	Nautico Abrantes							2:33.45	387	
	50m: 36.35	100m: 1:15.57	150m: 1:55.18	200m: 2:33.45								
6.	Joao Pedro Alves	96	Natacao do Tejo							2:36.66	364	
	50m: 36.79	100m: 1:16.28	150m: 1:57.27	200m: 2:36.66								
7.	Miguel Rodrigues Silva	97	Nautico Abrantes							2:37.30	360	
	50m: 37.89	100m: 1:18.34	150m: 1:59.31	200m: 2:37.30								
8.	Mario Jorge Nunes	92	Natacao do Tejo							2:38.19	354	
	50m: 38.20	100m: 1:17.46	150m: 1:57.63	200m: 2:38.19								
9.	Joao Mauricio Gaspar	97	Nautico Abrantes							2:38.47	352	
	50m: 38.25	100m: 1:17.73	150m: 1:59.23	200m: 2:38.47								
10.	Rui Jorge Lopes	00	CLAC-Entroncamento							2:39.10	348	
	50m: 38.50	100m: 1:19.17	150m: 2:00.83	200m: 2:39.10								
11.	Goncalo Faria Saldida	99	Gualdim Pais							2:41.93	330	
	50m: 39.84	100m: 1:21.45	150m: 2:03.24	200m: 2:41.93								
12.	Joao Pedro Marquez	98	Uniao Samorense							2:46.74	302	
	50m: 40.24	100m: 1:23.13	150m: 2:05.80	200m: 2:46.74								
13.	Miguel Carrico Cruz	99	Viver Santarem							2:47.50	298	
	50m: 40.78	100m: 1:22.48	150m: 2:05.40	200m: 2:47.50								
14.	Mario Jorge Santos	95	Gualdim Pais							2:48.84	291	
	50m: 41.43	100m: 1:24.05	150m: 2:06.36	200m: 2:48.84								
15.	Joao Tiago Almeida	99	Viver Santarem							2:50.85	281	
	50m: 39.35	100m: 1:22.98	150m: 2:07.37	200m: 2:50.85								
16.	Miguel Jorge Nunes	98	Uniao Samorense							2:51.87	276	
	50m: 41.46	100m: 1:25.93	150m: 2:09.62	200m: 2:51.87								
17.	Bernardo Jose Dionisio	99	Gualdim Pais							2:52.02	275	
	50m: 41.66	100m: 1:25.36	150m: 2:09.18	200m: 2:52.02								
18.	Henrique Miguel Cruz	00	Torres Novas							2:54.02	266	
	50m: 42.16	100m: 1:27.00	150m: 2:11.71	200m: 2:54.02								
19.	Rafael Ildio Antunes	97	Salvaterra de Magos							2:58.60	246	
	50m: 41.77	100m: 1:27.39	150m: 2:14.58	200m: 2:58.60								
20.	Daniel Sendrea	98	Uniao Samorense							3:00.53	238	
	50m: 43.33	100m: 1:29.10	150m: 2:16.98	200m: 3:00.53								
21.	Andre Diogo Olivenca	98	Viver Santarem							3:01.65	233	
	50m: 43.50	100m: 1:30.33	150m: 2:16.94	200m: 3:01.65								
22.	Francisco Jose Pires	98	Uniao Samorense							3:07.34	213	
	50m: 44.34	100m: 1:32.07	150m: 2:22.12	200m: 3:07.34								
23.	Joao Fernando Bento	99	Uniao Samorense							3:08.89	208	
	50m: 44.38	100m: 1:32.29	150m: 2:22.00	200m: 3:08.89								
24.	Andre Neves Avo	99	Rio Maior							3:09.22	206	
	50m: 43.83	100m: 1:34.39	150m: 2:23.47	200m: 3:09.22								
25.	Filipe Asseiceira Ramos	00	Torres Novas							3:10.78	201	
	50m: 46.22	100m: 1:34.83	150m: 2:23.58	200m: 3:10.78								
26.	Eliseu Manuel Tavares	99	Uniao Samorense							3:11.05	201	
	50m: 43.56	100m: 1:32.56	150m: 2:23.20	200m: 3:11.05								
27.	David Antonio Carvalho	99	Natacao do Tejo							3:12.42	196	
	50m: 43.91	100m: 1:33.24	150m: 2:24.31	200m: 3:12.42								

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 11, Masc., 200m Costas, 13 anos e mais velhos

Lugar	Ano	Tempo final	Pts
28. Vasco Leal Brito 50m: 47.11 100m: 1:37.82 150m: 2:25.90 200m: 3:12.82	99 CLAC-Entroncamento	3:12.82	195
29. David Jose Carpinteiro 50m: 45.88 100m: 1:36.93 150m: 2:27.28 200m: 3:14.44	00 Natacao do Tejo	3:14.44	190
30. Henrique Braga Salvador 50m: 46.74 100m: 1:36.41 150m: 2:28.33 200m: 3:18.11	00 Uniao Samorense	3:18.11	180
31. Joao Marques Dias 50m: 45.47 100m: 1:36.21 150m: 2:28.45 200m: 3:19.61	00 Natacao do Tejo	3:19.61	176
32. Dan Miloslavski 50m: 47.39 100m: 1:39.19 150m: 2:32.06 200m: 3:22.90	00 Nautico Abrantes	3:22.90	167
33. Manuel Maria Potes 100m: 1:41.64 150m: 2:35.48 200m: 3:25.73	00 Nautico Abrantes	3:25.73	161
DNS Joao Nazario Carvalho	00 Torres Novas		
DNS Miguel Goncalves Frade	00 Torres Novas		
DNS Dario Fausto Matias	98 Torres Novas		
DNS Marco Andre Miguel	99 Torres Novas		

Prova 12
25-05-2013

Femin., 50m Mariposa

12 anos e mais velhos
Resultados

INF-A 13 Anos FEM 13: 44.50 / INF-B 12 Anos FEM 12: 47.00 / JUN/SEN FEM - 15 + Anos 15 +: 41.00 / JUV 14 Anos FEM 14: 43.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
12 anos e mais velhos			
1. Marta Filipa Vinagre	95 CLAC-Entroncamento	31.36	510
2. Sarah Dias	99 CLAC-Entroncamento	31.70	494
3. Soraya Dea Matias	95 Torres Novas	31.77	491
4. Catarina Vilhena Gregorio	96 CLAC-Entroncamento	31.83	488
5. Ana Filipa Parente	98 Gualdim Pais	32.96	440
6. Vanessa Braga Salvador	91 Uniao Samorense	33.69	412
7. Ana Catarina Travessa	96 Salvaterra de Magos	35.17	362
8. Tatiana Lima Silva	96 Natacao do Tejo	35.25	359
9. Daniela Sofia Serra	98 CLAC-Entroncamento	35.33	357
10. Daniela Patricia Araujo	98 Rio Maior	37.26	304
11. Rita Viana Miguel	99 CLAC-Entroncamento	37.62	295
12. Patricia Silva Conceicao	99 Nautico Abrantes	38.69	272
13. Sofia Isabel Mendes	97 Salvaterra de Magos	40.62	235
14. Ana Carolina Morais	99 Nucleo Sportinguista Golega	47.10	150 FTL
DNS Ines Fernandes Moutinho	99 CLAC-Entroncamento		
DNS Susana Patricia Rosa	96 CLAC-Entroncamento		
DNS Filipa Robert Rente	96 Gualdim Pais		

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 13
25-05-2013

Masc., 50m Mariposa

13 anos e mais velhos
Resultados

INF-A 14 Anos MAS 14: 41.00 / INF-B 13 Anos MAS 13: 43.00 / JUN/SEN MAS - 17 + Anos 17 +: 38.00 / JUV-A 16 Anos MAS 16: 39.00 / JUV-B 15 Anos MAS 15: 40.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
13 anos e mais velhos			
1. Vasco Manuel Castro	89 Rio Maior	28.02	512
2. Ivo Andre Lopes	94 Viver Santarem	28.11	508
3. Frederico Sucena Riachos	98 Nucleo Sportinguista Golega	29.92	421
4. Afonso Filipe Gaspar	97 Nautico Abrantes	29.95	420
5. Joao Pedro Rosa	90 CLAC-Entroncamento	30.12	412
6. Nuno Miguel Afonso	91 Natacao do Tejo	30.39	402
7. Duarte Rosa Cameirao	94 Rio Maior	30.87	383
8. Joao Rafael Fonseca	97 Rio Maior	31.02	378
9. Martim Basilio Gil	97 CLAC-Entroncamento	31.10	375
10. Telmo Pedrosa Rocha	98 Uniao Samorense	31.88	348
11. Miguel Rodrigues Silva	97 Nautico Abrantes	32.25	336
12. Mario Jorge Santos	95 Gualdim Pais	32.65	324
13. Pedro Manuel Nunes	98 CLAC-Entroncamento	32.82	319
14. Joao Diogo Lucas	95 Salvaterra de Magos	33.54	299
15. Rafael Ildio Antunes	97 Salvaterra de Magos	35.60	250
16. Daniel Sendrea	98 Uniao Samorense	36.12	239
DNS Francisco Redol Dias	96 Gualdim Pais		
DNS Joao Pedro Machado	86 Nautico Abrantes		

Prova 14
25-05-2013

1500m Livres

12 anos e mais velhos
Resultados

INF-A 13 Anos FEM 13 Femin.: 24:35.00 / INF-A 14 Anos MAS 14 Masc.: 24:00.00 / INF-B 12 Anos FEM 12 Femin.: 26:15.00 / INF-B 13 Anos MAS 13 Masc.: 25:30.00 / JUN/SEN FEM - 15 + Anos 15 + Femin.: 22:40.50 / JUN/SEN MAS - 17 + Anos 17 + Masc.: 21:30.00 / JUV 14 Anos FEM 14 Femin.: 23:30.00 / JUV-A 16 Anos MAS 16 Masc.: 22:30.00 / JUV-B 15 Anos MAS 15 Masc.: 23:00.00

Pontos: FINA 2012

Lugar	Ano	Tempo final	Pts
12 anos e mais velhos, Femin.			
1. Julia Matos Lopes	94 Viver Santarem	17:48.44	686
<i>RD SEN (TA:18.06.67) e ABS (TA: 18.06.67)</i>			
50m: 33.58	300m: 3:34.55	550m: 6:34.24	800m: 9:32.59
100m: 1:09.31	350m: 4:10.69	600m: 7:09.88	850m: 10:08.36
150m: 1:45.75	400m: 4:46.85	650m: 7:45.59	900m: 10:43.96
200m: 2:21.91	450m: 5:22.77	700m: 8:21.32	950m: 11:19.64
250m: 2:58.47	500m: 5:58.56	750m: 8:57.04	1000m: 11:55.44
1050m: 12:31.20	1300m: 15:28.33	1100m: 13:06.62	1350m: 16:03.86
1150m: 13:42.21	1400m: 16:39.24	1200m: 14:17.50	1450m: 17:14.56
1250m: 14:52.97	1500m: 17:48.44		
2. Maria Beatriz Dias	99 Viver Santarem	18:55.62	571
<i>RD JUV (TA: 18.59.21)</i>			
50m: 35.74	300m: 3:45.82	550m: 6:57.05	800m: 10:07.55
100m: 1:13.57	350m: 4:24.12	600m: 7:35.35	850m: 10:45.49
150m: 1:51.59	400m: 5:02.56	650m: 8:13.51	900m: 11:23.49
200m: 2:29.76	450m: 5:40.78	700m: 8:51.71	950m: 12:01.63
250m: 3:07.66	500m: 6:19.01	750m: 9:29.65	1000m: 12:39.56
1050m: 13:17.54	1300m: 16:27.35	1100m: 13:55.35	1350m: 17:05.24
1150m: 14:33.70	1400m: 17:42.84	1200m: 15:11.58	1450m: 18:20.21
1250m: 15:49.51	1500m: 18:55.62		
3. Clarisse Matos Lopes	98 Viver Santarem	19:26.56	527
50m: 35.56	300m: 3:47.28	550m: 7:00.17	800m: 10:15.64
100m: 1:13.20	350m: 4:25.65	600m: 7:38.83	850m: 10:54.57
150m: 1:51.62	400m: 5:04.01	650m: 8:17.71	900m: 11:33.64
200m: 2:30.20	450m: 5:42.58	700m: 8:56.53	950m: 12:13.12
250m: 3:08.64	500m: 6:21.34	750m: 9:36.49	1000m: 12:52.14
1050m: 13:31.74	1300m: 16:49.55	1100m: 14:11.29	1350m: 17:29.19
1150m: 14:50.97	1400m: 18:08.36	1200m: 15:30.52	1450m: 18:48.09
1250m: 16:10.26	1500m: 19:26.56		

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 14, Femin., 1500m Livres, 12 anos e mais velhos

Lugar			Ano			Tempo final	Pts					
4.	Marta Filipa Vinagre		95	CLAC-Entroncamento		19:31.32	521					
	50m:	34.05	300m:	3:45.58	550m:	7:01.44	800m:	10:20.78	1050m:	13:38.43	1300m:	16:56.12
	100m:	1:11.49	350m:	4:24.75	600m:	7:40.75	850m:	11:00.33	1100m:	14:17.79	1350m:	17:35.46
	150m:	1:49.87	400m:	5:03.57	650m:	8:20.78	900m:	11:39.87	1150m:	14:57.60	1400m:	18:14.72
	200m:	2:28.01	450m:	5:42.67	700m:	9:00.79	950m:	12:19.04	1200m:	15:36.96	1450m:	18:53.45
	250m:	3:06.86	500m:	6:21.96	750m:	9:41.68	1000m:	12:58.80	1250m:	16:16.79	1500m:	19:31.32
5.	Ana Carolina Gomes		97	Cartaxo		19:47.12	500					
	50m:	35.33	300m:	3:55.58	550m:	7:13.32	800m:	10:32.17	1050m:	13:50.45	1300m:	17:09.32
	100m:	1:14.44	350m:	4:35.31	600m:	7:53.19	850m:	11:12.11	1100m:	14:30.00	1350m:	17:49.60
	150m:	1:54.26	400m:	5:15.06	650m:	8:32.94	900m:	11:52.00	1150m:	15:09.75	1400m:	18:29.80
	200m:	2:34.66	450m:	5:54.67	700m:	9:12.82	950m:	12:31.39	1200m:	15:49.58	1450m:	19:09.71
	250m:	3:15.32	500m:	6:33.99	750m:	9:52.63	1000m:	13:11.15	1250m:	16:29.03	1500m:	19:47.12
6.	Catarina Goncalves Trezentos		98	Gualdim Pais		21:02.02	416					
	50m:	38.26	300m:	4:08.65	550m:	7:39.88	800m:	11:12.30	1050m:	14:44.40	1300m:	18:18.10
	100m:	1:19.30	350m:	4:50.41	600m:	8:22.17	850m:	11:54.22	1100m:	15:27.50	1350m:	18:59.59
	150m:	2:02.01	400m:	5:32.93	650m:	9:04.58	900m:	12:36.85	1150m:	16:10.67	1400m:	19:42.27
	200m:	2:43.80	450m:	6:15.43	700m:	9:47.47	950m:	13:19.00	1200m:	16:53.59	1450m:	20:22.69
	250m:	3:25.62	500m:	6:57.86	750m:	10:29.72	1000m:	14:01.61	1250m:	17:35.49	1500m:	21:02.02
7.	Raquel Sofia Jorge		98	Salvaterra de Magos		21:14.77	404					
	50m:	37.91	300m:	4:11.20	550m:	7:46.11	800m:	11:20.30	1050m:	14:54.83	1300m:	18:27.91
	100m:	1:19.66	350m:	4:54.17	600m:	8:29.16	850m:	12:02.99	1100m:	15:37.54	1350m:	19:10.13
	150m:	2:02.43	400m:	5:37.19	650m:	9:11.83	900m:	12:45.93	1150m:	16:20.11	1400m:	19:52.27
	200m:	2:45.20	450m:	6:20.23	700m:	9:54.73	950m:	13:28.74	1200m:	17:02.75	1450m:	20:34.40
	250m:	3:28.16	500m:	7:03.26	750m:	10:37.49	1000m:	14:11.92	1250m:	17:45.22	1500m:	21:14.77
8.	Ana Catarina Santos		00	Uniao Samorense		21:19.49	399					
	50m:	38.66	300m:	4:13.61	550m:	7:47.97	800m:	11:23.41	1050m:	15:00.82	1300m:	18:32.21
	100m:	1:21.33	350m:	4:56.36	600m:	8:31.53	850m:	12:06.79	1100m:	15:43.38	1350m:	19:14.31
	150m:	2:03.91	400m:	5:39.05	650m:	9:13.92	900m:	12:50.68	1150m:	16:25.23	1400m:	19:57.12
	200m:	2:47.45	450m:	6:22.06	700m:	9:56.88	950m:	13:34.55	1200m:	17:07.46	1450m:	20:39.59
	250m:	3:29.97	500m:	7:05.05	750m:	10:40.08	1000m:	14:18.02	1250m:	17:49.43	1500m:	21:19.49
9.	Joana Sofia Amado		99	Cartaxo		21:24.00	395					
	50m:	36.36	300m:	4:05.34	550m:	7:40.76	800m:	11:17.66	1050m:	14:55.87	1300m:	18:32.05
	100m:	1:16.89	350m:	4:48.10	600m:	8:23.95	850m:	12:01.53	1100m:	15:40.22	1350m:	19:14.92
	150m:	1:59.20	400m:	5:31.05	650m:	9:06.99	900m:	12:44.16	1150m:	16:23.30	1400m:	19:59.24
	200m:	2:40.68	450m:	6:14.26	700m:	9:50.88	950m:	13:28.14	1200m:	17:06.47	1450m:	20:42.26
	250m:	3:22.98	500m:	6:57.17	750m:	10:34.01	1000m:	14:11.90	1250m:	17:49.31	1500m:	21:24.00
10.	Maria Beatriz Lopes		00	Rio Maior		22:07.47	357					
	50m:	39.81	300m:	4:21.57	550m:	8:04.83	800m:	11:47.78	1050m:	15:31.63	1300m:	19:15.24
	100m:	1:23.90	350m:	5:05.54	600m:	8:49.67	850m:	12:31.75	1100m:	16:17.70	1350m:	19:58.92
	150m:	2:08.09	400m:	5:50.40	650m:	9:34.59	900m:	13:16.24	1150m:	17:03.25	1400m:	20:43.11
	200m:	2:52.87	450m:	6:35.29	700m:	10:19.49	950m:	14:01.63	1200m:	17:47.19	1450m:	21:25.21
	250m:	3:36.89	500m:	7:19.84	750m:	11:03.46	1000m:	14:46.23	1250m:	18:31.51	1500m:	22:07.47

13 anos e mais velhos, Masc.

1.	Pedro Miguel Henriques		96	Cartaxo		17:52.43	541					
	50m:	33.07	300m:	3:33.39	550m:	6:33.59	800m:	9:32.88	1050m:	12:31.44	1300m:	15:29.47
	100m:	1:08.75	350m:	4:09.38	600m:	7:09.72	850m:	10:08.26	1100m:	13:06.98	1350m:	16:05.94
	150m:	1:44.76	400m:	4:45.60	650m:	7:45.62	900m:	10:43.79	1150m:	13:42.58	1400m:	16:42.22
	200m:	2:21.06	450m:	5:21.72	700m:	8:21.48	950m:	11:19.51	1200m:	14:17.92	1450m:	17:17.30
	250m:	2:57.36	500m:	5:57.87	750m:	8:57.13	1000m:	11:55.53	1250m:	14:53.78	1500m:	17:52.43
2.	Joao Luis Baeta		94	Viver Santarem		18:04.27	523					
	50m:	33.03	300m:	3:34.55	550m:	6:35.31	800m:	9:36.07	1050m:	12:37.83	1300m:	15:39.01
	100m:	1:09.04	350m:	4:10.55	600m:	7:11.51	850m:	10:12.27	1100m:	13:14.28	1350m:	16:15.54
	150m:	1:45.49	400m:	4:46.85	650m:	7:47.22	900m:	10:48.67	1150m:	13:50.40	1400m:	16:52.27
	200m:	2:22.03	450m:	5:23.30	700m:	8:23.64	950m:	11:24.92	1200m:	14:27.14	1450m:	17:28.38
	250m:	2:58.39	500m:	5:59.47	750m:	8:59.62	1000m:	12:01.56	1250m:	15:02.31	1500m:	18:04.27

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 14, Masc., 1500m Livres, 13 anos e mais velhos

Lugar			Ano				Tempo final		Pts			
3.	Jose Eduardo Felicio		97		Rio Maior		18:17.80		504			
	50m:	33.74	300m:	3:35.74	550m:	6:40.02	800m:	9:42.80	1050m:	12:46.37	1300m:	15:51.77
	100m:	1:09.62	350m:	4:12.38	600m:	7:16.76	850m:	10:19.20	1100m:	13:23.35	1350m:	16:28.61
	150m:	1:45.81	400m:	4:48.86	650m:	7:53.66	900m:	10:55.89	1150m:	14:00.53	1400m:	17:05.56
	200m:	2:22.53	450m:	5:25.83	700m:	8:30.42	950m:	11:32.91	1200m:	14:37.55	1450m:	17:42.00
	250m:	2:59.19	500m:	6:02.92	750m:	9:06.65	1000m:	12:09.74	1250m:	15:14.65	1500m:	18:17.80
4.	Jose Henriques Luz		99		Nucleo Sportinguista Golega		18:22.24		498			
	50m:	34.54	300m:	3:40.38	550m:	6:45.70	800m:	9:49.92	1050m:	12:56.37	1300m:	15:59.73
	100m:	1:10.91	350m:	4:17.46	600m:	7:22.45	850m:	10:27.60	1100m:	13:32.86	1350m:	16:36.36
	150m:	1:48.37	400m:	4:54.67	650m:	7:59.19	900m:	11:04.78	1150m:	14:09.87	1400m:	17:12.07
	200m:	2:25.35	450m:	5:31.84	700m:	8:35.70	950m:	11:41.96	1200m:	14:46.56	1450m:	17:48.11
	250m:	3:02.89	500m:	6:09.07	750m:	9:12.78	1000m:	12:19.30	1250m:	15:23.12	1500m:	18:22.24
5.	Dario Fausto Matias		98		Torres Novas		18:23.98		496			
	50m:	32.31	300m:	3:37.75	550m:	6:45.06	800m:	9:51.15	1050m:	12:57.12	1300m:	16:01.53
	100m:	1:09.30	350m:	4:14.95	600m:	7:21.70	850m:	10:28.22	1100m:	13:33.41	1350m:	16:37.86
	150m:	1:46.64	400m:	4:52.43	650m:	7:59.07	900m:	11:05.61	1150m:	14:10.16	1400m:	17:14.46
	200m:	2:23.96	450m:	5:29.82	700m:	8:35.75	950m:	11:43.12	1200m:	14:47.37	1450m:	17:50.01
	250m:	3:01.54	500m:	6:07.34	750m:	9:13.58	1000m:	12:20.69	1250m:	15:24.66	1500m:	18:23.98
6.	Joao Manuel Ferreira		92		CLAC-Entroncamento		18:39.99		475			
	50m:	32.27	300m:	3:33.64	550m:	6:38.45	800m:	9:46.56	1050m:	12:57.89	1300m:	16:09.64
	100m:	1:07.22	350m:	4:10.36	600m:	7:15.59	850m:	10:24.50	1100m:	13:36.37	1350m:	16:48.08
	150m:	1:43.84	400m:	4:47.16	650m:	7:52.98	900m:	11:02.88	1150m:	14:14.67	1400m:	17:26.04
	200m:	2:20.35	450m:	5:23.95	700m:	8:30.74	950m:	11:41.18	1200m:	14:53.53	1450m:	18:03.52
	250m:	2:57.01	500m:	6:01.37	750m:	9:08.57	1000m:	12:19.26	1250m:	15:31.61	1500m:	18:39.99
7.	Telmo Pedrosa Rocha		98		Uniao Samorense		18:43.56		470			
	50m:	33.06	300m:	3:41.36	550m:	6:51.37	800m:	9:59.82	1050m:	13:09.38	1300m:	16:17.78
	100m:	1:09.61	350m:	4:19.27	600m:	7:29.20	850m:	10:37.99	1100m:	13:46.87	1350m:	16:55.47
	150m:	1:47.66	400m:	4:57.42	650m:	8:06.99	900m:	11:15.32	1150m:	14:25.37	1400m:	17:32.87
	200m:	2:25.68	450m:	5:35.53	700m:	8:44.40	950m:	11:53.65	1200m:	15:02.79	1450m:	18:09.52
	250m:	3:03.72	500m:	6:13.42	750m:	9:22.21	1000m:	12:31.21	1250m:	15:40.36	1500m:	18:43.56
8.	Tiago Filipe Campos		99		Viver Santarem		18:45.36		468			
	50m:	32.82	300m:	3:41.78	550m:	6:52.00	800m:	10:03.27	1050m:	13:13.62	1300m:	16:22.66
	100m:	1:09.76	350m:	4:19.76	600m:	7:30.86	850m:	10:41.43	1100m:	13:51.39	1350m:	16:59.74
	150m:	1:48.12	400m:	4:58.04	650m:	8:09.03	900m:	11:19.54	1150m:	14:29.24	1400m:	17:37.02
	200m:	2:26.40	450m:	5:35.91	700m:	8:47.43	950m:	11:57.64	1200m:	15:06.86	1450m:	18:11.99
	250m:	3:03.90	500m:	6:13.90	750m:	9:25.53	1000m:	12:35.49	1250m:	15:44.59	1500m:	18:45.36
9.	Joao Pedro Marquez		98		Uniao Samorense		18:55.36		456			
	50m:	33.84	300m:	3:38.00	550m:	6:48.21	800m:	10:00.73	1050m:	13:14.61	1300m:	16:26.59
	100m:	1:09.92	350m:	4:15.89	600m:	7:26.59	850m:	10:39.53	1100m:	13:53.28	1350m:	17:05.04
	150m:	1:46.73	400m:	4:53.62	650m:	8:05.01	900m:	11:18.11	1150m:	14:32.13	1400m:	17:43.60
	200m:	2:23.82	450m:	5:31.61	700m:	8:43.52	950m:	11:56.81	1200m:	15:10.48	1450m:	18:20.47
	250m:	3:00.84	500m:	6:09.60	750m:	9:21.87	1000m:	12:35.64	1250m:	15:48.09	1500m:	18:55.36
10.	Goncalo Faria Saldida		99		Gualdim Pais		19:15.11		433			
	50m:	34.08	300m:	3:47.31	550m:	7:02.67	800m:	10:17.19	1050m:	13:28.59	1300m:	16:41.20
	100m:	1:11.51	350m:	4:25.78	600m:	7:42.43	850m:	10:55.22	1100m:	14:07.70	1350m:	17:20.39
	150m:	1:50.47	400m:	5:04.43	650m:	8:20.39	900m:	11:33.40	1150m:	14:46.13	1400m:	17:59.73
	200m:	2:29.39	450m:	5:43.77	700m:	8:58.93	950m:	12:12.25	1200m:	15:25.19	1450m:	18:37.15
	250m:	3:08.31	500m:	6:23.41	750m:	9:38.17	1000m:	12:50.45	1250m:	16:03.66	1500m:	19:15.11
11.	Afonso Guilherme Rosa		99		Gualdim Pais		19:15.30		433			
	50m:	33.84	300m:	3:45.81	550m:	6:59.86	800m:	10:14.12	1050m:	13:28.58	1300m:	16:40.09
	100m:	1:11.76	350m:	4:24.48	600m:	7:39.06	850m:	10:52.43	1100m:	14:06.86	1350m:	17:19.05
	150m:	1:49.92	400m:	5:02.98	650m:	8:17.63	900m:	11:31.42	1150m:	14:43.76	1400m:	17:58.20
	200m:	2:28.38	450m:	5:42.21	700m:	8:56.35	950m:	12:10.56	1200m:	15:21.85	1450m:	18:37.04
	250m:	3:07.09	500m:	6:20.97	750m:	9:35.12	1000m:	12:49.44	1250m:	16:00.77	1500m:	19:15.30
12.	Duarte Miguel Pires		96		Viver Santarem		19:22.97		424			
	50m:	34.56	300m:	3:45.72	550m:	7:02.40	800m:	10:19.25	1050m:	13:34.45	1300m:	16:50.01
	100m:	1:12.14	350m:	4:24.74	600m:	7:42.07	850m:	10:58.04	1100m:	14:13.86	1350m:	17:28.85
	150m:	1:50.10	400m:	5:04.38	650m:	8:21.25	900m:	11:37.20	1150m:	14:52.34	1400m:	18:08.19
	200m:	2:28.30	450m:	5:44.01	700m:	9:00.79	950m:	12:16.00	1200m:	15:31.77	1450m:	18:46.13
	250m:	3:06.65	500m:	6:23.60	750m:	9:39.88	1000m:	12:55.18	1250m:	16:10.91	1500m:	19:22.97

Jornada Apuramento Categorias - Rio Maior 50 Metros
Rio Maior, 25-5-2013

Prova 14, Masc., 1500m Livres, 13 anos e mais velhos

Lugar	Ano										Tempo final	Pts		
13.	Bernardo Jose Dionisio										99	Gualdim Pais	19:40.12	406
	50m:	35.12	300m:	3:54.18	550m:	7:12.73	800m:	10:31.26	1050m:	13:49.00	1300m:	17:06.06		
	100m:	1:14.59	350m:	4:34.36	600m:	7:52.25	850m:	11:11.32	1100m:	14:28.96	1350m:	17:45.25		
	150m:	1:54.54	400m:	5:14.77	650m:	8:31.99	900m:	11:50.83	1150m:	15:07.92	1400m:	18:24.04		
	200m:	2:34.43	450m:	5:54.05	700m:	9:12.02	950m:	12:30.88	1200m:	15:47.52	1450m:	19:03.26		
	250m:	3:14.38	500m:	6:33.94	750m:	9:51.64	1000m:	13:10.52	1250m:	16:26.59	1500m:	19:40.12		
14.	Marco Andre Miguel										99	Torres Novas	19:43.25	403
	50m:	34.34	300m:	3:49.88	550m:	7:10.79	800m:	10:29.73	1050m:	13:51.16	1300m:	17:11.82		
	100m:	1:11.87	350m:	4:29.80	600m:	7:50.43	850m:	11:09.99	1100m:	14:31.26	1350m:	17:51.25		
	150m:	1:50.40	400m:	5:09.61	650m:	8:30.80	900m:	11:49.94	1150m:	15:11.56	1400m:	18:30.48		
	200m:	2:29.85	450m:	5:50.02	700m:	9:10.19	950m:	12:30.26	1200m:	15:51.70	1450m:	19:07.81		
	250m:	3:09.62	500m:	6:30.45	750m:	9:49.85	1000m:	13:10.71	1250m:	16:31.61	1500m:	19:43.25		
15.	Rui Jorge Lopes										00	CLAC-Entroncamento	19:56.93	389
	50m:	34.26	300m:	3:55.54	550m:	7:16.11	800m:	10:37.23	1050m:	13:58.65	1300m:	17:21.99		
	100m:	1:13.51	350m:	4:35.24	600m:	7:56.75	850m:	11:17.50	1100m:	14:39.72	1350m:	18:03.40		
	150m:	1:53.50	400m:	5:15.47	650m:	8:36.91	900m:	11:57.41	1150m:	15:19.63	1400m:	18:44.31		
	200m:	2:34.00	450m:	5:55.45	700m:	9:17.06	950m:	12:37.95	1200m:	16:00.61	1450m:	19:20.57		
	250m:	3:14.62	500m:	6:35.98	750m:	9:56.96	1000m:	13:18.68	1250m:	16:40.95	1500m:	19:56.93		
16.	Joao Nazario Carvalho										00	Torres Novas	20:09.59	377
	50m:	35.29	300m:	3:56.52	550m:	7:19.66	800m:	10:44.57	1050m:	14:08.70	1300m:	17:33.95		
	100m:	1:14.25	350m:	4:36.96	600m:	8:00.27	850m:	11:25.50	1100m:	14:49.78	1350m:	18:13.75		
	150m:	1:54.34	400m:	5:17.11	650m:	8:41.40	900m:	12:06.58	1150m:	15:30.99	1400m:	18:54.31		
	200m:	2:34.70	450m:	5:57.91	700m:	9:22.55	950m:	12:47.60	1200m:	16:11.60	1450m:	19:33.53		
	250m:	3:15.60	500m:	6:38.79	750m:	10:03.38	1000m:	13:28.10	1250m:	16:52.74	1500m:	20:09.59		
17.	Miguel Goncalves Frade										00	Torres Novas	20:18.86	368
	50m:	38.39	300m:	4:06.00	550m:	7:31.51	800m:	10:56.00	1050m:	14:18.04	1300m:	17:40.40		
	100m:	1:19.24	350m:	4:47.07	600m:	8:12.66	850m:	11:36.26	1100m:	14:58.55	1350m:	18:20.40		
	150m:	2:00.76	400m:	5:27.95	650m:	8:53.60	900m:	12:17.02	1150m:	15:38.70	1400m:	19:01.15		
	200m:	2:42.34	450m:	6:08.98	700m:	9:34.50	950m:	12:57.05	1200m:	16:19.37	1450m:	19:40.60		
	250m:	3:23.83	500m:	6:50.56	750m:	10:14.99	1000m:	13:37.82	1250m:	16:59.88	1500m:	20:18.86		
18.	Bernardo Miguel Portela										96	Rio Maior	21:03.69	330
	50m:	35.29	300m:	3:51.37	550m:	7:21.50	800m:	10:54.74	1050m:	14:31.89	1300m:	18:10.00		
	100m:	1:12.95	350m:	4:32.89	600m:	8:03.80	850m:	11:36.68	1100m:	15:15.68	1350m:	18:53.20		
	150m:	1:51.60	400m:	5:14.22	650m:	8:46.00	900m:	12:20.41	1150m:	15:59.86	1400m:	19:35.61		
	200m:	2:30.97	450m:	5:56.15	700m:	9:28.97	950m:	13:04.71	1200m:	16:43.18	1450m:	20:24.04		
	250m:	3:10.84	500m:	6:38.38	750m:	10:12.14	1000m:	13:48.71	1250m:	17:27.30	1500m:	21:03.69		
19.	Joao Rafael Fonseca										97	Rio Maior	21:20.96	317
	50m:	36.67	300m:	4:08.08	550m:	7:44.58	800m:	11:19.34	1050m:	14:55.09	1300m:	18:30.59		
	100m:	1:17.60	350m:	4:51.18	600m:	8:27.37	850m:	12:02.01	1100m:	15:38.59	1350m:	19:13.54		
	150m:	2:00.89	400m:	5:34.27	650m:	9:09.68	900m:	12:44.98	1150m:	16:21.79	1400m:	19:56.29		
	200m:	2:43.21	450m:	6:17.50	700m:	9:52.91	950m:	13:28.42	1200m:	17:05.36	1450m:	20:38.71		
	250m:	3:25.27	500m:	7:00.97	750m:	10:36.35	1000m:	14:12.21	1250m:	17:47.46	1500m:	21:20.96		
20.	Miguel Serrao Santos										00	Viver Santarem	21:53.22	294
	50m:	38.87	300m:	4:12.89	550m:	7:49.12	800m:	11:27.46	1050m:	15:15.03	1300m:	19:04.73		
	100m:	1:22.29	350m:	4:55.45	600m:	8:30.77	850m:	12:13.54	1100m:	16:01.58	1350m:	19:50.67		
	150m:	2:05.69	400m:	5:38.82	650m:	9:14.89	900m:	12:58.01	1150m:	16:46.93	1400m:	20:35.65		
	200m:	2:46.01	450m:	6:22.05	700m:	9:59.40	950m:	13:43.48	1200m:	17:32.01	1450m:	21:15.32		
	250m:	3:29.39	500m:	7:06.03	750m:	10:43.94	1000m:	14:28.57	1250m:	18:18.65	1500m:	21:53.22		
21.	Rui Diogo Torres										98	Cartaxo	21:57.26	292
	50m:	37.13	300m:	4:11.20	550m:	7:54.40	800m:	11:38.58	1050m:	15:20.77	1300m:	19:05.24		
	100m:	1:18.30	350m:	4:55.80	600m:	8:38.30	850m:	12:21.06	1100m:	16:05.37	1350m:	19:50.81		
	150m:	2:01.76	400m:	5:39.60	650m:	9:22.97	900m:	13:04.90	1150m:	16:51.92	1400m:	20:33.91		
	200m:	2:44.73	450m:	6:24.86	700m:	10:07.30	950m:	13:50.19	1200m:	17:37.42	1450m:	21:16.29		
	250m:	3:27.89	500m:	7:09.41	750m:	10:52.98	1000m:	14:34.65	1250m:	18:22.37	1500m:	21:57.26		
22.	Luis Miguel Monteiro										99	Cartaxo	22:05.85	286
	50m:	35.42	300m:	4:12.42	550m:	7:51.88	800m:	11:35.74	1050m:	15:21.26	1300m:	19:10.88		
	100m:	1:15.97	350m:	4:55.80	600m:	8:34.50	850m:	12:21.54	1100m:	16:07.37	1350m:	19:56.51		
	150m:	2:00.39	400m:	5:39.61	650m:	9:20.74	900m:	13:06.45	1150m:	16:53.06	1400m:	20:42.41		
	200m:	2:44.56	450m:	6:22.39	700m:	10:05.46	950m:	13:51.91	1200m:	17:39.32	1450m:	21:25.91		
	250m:	3:26.52	500m:	7:08.80	750m:	10:50.18	1000m:	14:35.05	1250m:	18:26.37	1500m:	22:05.85		